

### QOL Instruments

List of QOL instruments compiled by the IASSIDD QOL SIRG. The following categories of QOL instruments are presented in the table below:

1. Individual QOL instruments: full instruments available
2. Family QOL instruments: full instruments available
3. Programme-centric QOL instruments: licensed and require users to purchase them

Category	Instrument	Status	Access at	Language
Individual QOL	Personal Wellbeing Index (PWI)	Permission received from Robert Cummins	<a href="http://www.acqol.com.au/instruments#measures">http://www.acqol.com.au/instruments#measures</a>	English, Chinese, Dutch, Norwegian, Croatian, Farsi, Greek, Italian, Japanese, Polish, Vietnamese
Individual QOL	Quality of Life Questionnaire (QOL-Q)	Permission received from Robert Schalock	<a href="https://iassidd.org/wp-content/uploads/2025/02/QOL-Questionnaire-Packet-2-9-05.pdf">https://iassidd.org/wp-content/uploads/2025/02/QOL-Questionnaire-Packet-2-9-05.pdf</a>  <a href="https://iassidd.org/wp-content/uploads/2025/02/Quality-of-Life-Manual-Revision-2004.pdf">https://iassidd.org/wp-content/uploads/2025/02/Quality-of-Life-Manual-Revision-2004.pdf</a>	English
Individual QOL	Personal Outcomes Scale for Adults (POS-A)	Permission received from Robert Schalock	<a href="https://iassidd.org/wp-content/uploads/2025/02/POS-A-English-Version-2.0.pdf">https://iassidd.org/wp-content/uploads/2025/02/POS-A-English-Version-2.0.pdf</a> For training on how to administer the POS-A, check out this website <a href="https://www.hogent.be/en/research/equality-researchcollective/quality-of-life/">https://www.hogent.be/en/research/equality-researchcollective/quality-of-life/</a>	English
Individual QOL	Personal Outcomes Scale for Children and Adolescents (POS-CA)	Permission received from Robert Schalock	<a href="https://iassidd.org/wp-content/uploads/2025/02/POS-CA-English.pdf">https://iassidd.org/wp-content/uploads/2025/02/POS-CA-English.pdf</a> For training on how to administer the POS-A, check out this website <a href="https://www.hogent.be/en/research/equality-researchcollective/quality-of-life/">https://www.hogent.be/en/research/equality-researchcollective/quality-of-life/</a>	English

Individual QOL	FUMAT Evaluación de la calidad de vida en personas mayores: La Escala FUMAT Assessment of Quality of Life in Older People: The FUMAT Scale	Freely available at website	<a href="https://sid-inico.usal.es/documentacion/evaluacion-de-la-calidad-de-vida-en-personas-mayores-la-escala-fumat/">https://sid-inico.usal.es/documentacion/evaluacion-de-la-calidad-de-vida-en-personas-mayores-la-escala-fumat/</a>	Spanish
Individual QOL	GENCAT Escala GENCAT: formulario de la Escala GENCAT de calidad de vida GENCAT Scale: GENCAT Quality of Life Scale form	Freely available at website	<a href="https://sid-inico.usal.es/documentacion/escala-gencat-formulario-de-la-escala-gencat-de-calidad-de-vida/">https://sid-inico.usal.es/documentacion/escala-gencat-formulario-de-la-escala-gencat-de-calidad-de-vida/</a>	Spanish, Catalan, English, Italian, Japanese, Portuguese
Individual QOL	SAN MARTÍN Escala San Martín: Evaluación de la calidad de vida de personas con discapacidades significativas San Martín Scale: Assessment of the Quality of Life of People with Significant Disabilities	Freely available at website	<a href="https://sid-inico.usal.es/escala-san-martin/">https://sid-inico.usal.es/escala-san-martin/</a>	Spanish, English, French, Italian, Portuguese, Hungarian
Individual QOL	INICO-FEAPS Escala INICO-FEAPS: Evaluación Integral de la Calidad de Vida de personas con Discapacidad Intelectual o del Desarrollo INICO-FEAPS Scale: Comprehensive Assessment of the Quality of Life of People with Intellectual or	Freely available at website	<a href="https://sid-inico.usal.es/documentacion/escala-inico-feaps-evaluacion-integral-de-la-calidad-de-vida-de-personas-con-discapacidad-intelectual-o-del-desarrollo/">https://sid-inico.usal.es/documentacion/escala-inico-feaps-evaluacion-integral-de-la-calidad-de-vida-de-personas-con-discapacidad-intelectual-o-del-desarrollo/</a>	Spanish, Colombian, English

	Developmental Disabilities			
Individual QOL	KIDSLIFE Escala KidsLife: Evaluación de la calidad de vida de niños y adolescentes con discapacidad intelectual KidsLife Scale: Assessing the Quality of Life of Children and Adolescents with Intellectual Disabilities	Freely available at website	<a href="https://sid-inico.usal.es/documentacion/escala-kidslife/">https://sid-inico.usal.es/documentacion/escala-kidslife/</a>	Spanish, English, Korean, Dutch
Individual QOL	KIDSLIFE-Down Escala KidsLife-Down: Evaluación de la calidad de vida de niños y adolescentes con síndrome de Down KidsLife-Down Scale: Assessing the Quality of Life of Children and Adolescents with Down Syndrome	Freely available at website	<a href="https://sid-inico.usal.es/documentacion/escala-kidslife-down-evaluacion-de-la-calidad-de-vida-de-ninos-y-adolescentes-con-sindrome-de-down/">https://sid-inico.usal.es/documentacion/escala-kidslife-down-evaluacion-de-la-calidad-de-vida-de-ninos-y-adolescentes-con-sindrome-de-down/</a>	Spanish
Individual QOL	KIDSLIFE-ASD Escala KidsLife-TEA: Evaluación de la calidad de vida de niños y adolescentes con trastorno del espectro del autismo y discapacidad intelectual KidsLife-ASD Scale: Assessment of Quality of Life for Children and Adolescents with Autism Spectrum	Freely available at website	<a href="https://sid-inico.usal.es/documentacion/escala-kidslife-tea-evaluacion-de-la-calidad-de-vida-de-ninos-y-adolescentes-con-trastorno-del-espectro-del-autismo-y-discapacidad-intelectual/">https://sid-inico.usal.es/documentacion/escala-kidslife-tea-evaluacion-de-la-calidad-de-vida-de-ninos-y-adolescentes-con-trastorno-del-espectro-del-autismo-y-discapacidad-intelectual/</a>	Spanish, English

	Disorder and Intellectual Disability			
Individual QOL	CAVIDACE Escala CAVIDACE: Evaluación de la calidad de vida de personas con daño cerebral CAVIDACE Scale: Assessing Quality of Life for People with Brain Damage	Freely available at website	<a href="https://sid-inico.usal.es/documentacion/escala-cavidace-evaluacion-de-la-calidad-de-vida-de-personas-con-dano-cerebral/">https://sid-inico.usal.es/documentacion/escala-cavidace-evaluacion-de-la-calidad-de-vida-de-personas-con-dano-cerebral/</a>	Spanish
Individual QOL	CAVIDACE. Self-report Escala CAVIDACE: Evaluación de la calidad de vida de personas con daño cerebral. Autoinforme CAVIDACE Scale: Evaluation of the quality of life of people with brain damage. Self-report	Freely available at website	<a href="https://sid-inico.usal.es/documentacion/escala-cavidace-evaluacion-de-la-calidad-de-vida-de-personas-con-dano-cerebral-autoinforme/">https://sid-inico.usal.es/documentacion/escala-cavidace-evaluacion-de-la-calidad-de-vida-de-personas-con-dano-cerebral-autoinforme/</a>	Spanish
Family QOL	Family Quality of Life Survey 2006 (FQOLS-2006)	Permission received from Ivan Brown and Barry Isaacs	<a href="https://www.surreyplace.ca/research/current-opportunities/family-quality-of-life-project/">https://www.surreyplace.ca/research/current-opportunities/family-quality-of-life-project/</a>	English, Bosnian, Chinese, Farsi, Flemish, French, German, Italian, Japanese, Bahasa Malaysia, Polish, Polish, Portuguese, Romanian, Slovene, Spanish, Telugu
Family QOL	Beach Centre FQOLS	Permission received from Ann Turnbull	<a href="https://kucd.ku.edu/beach-center-disability-family-resources">https://kucd.ku.edu/beach-center-disability-family-resources</a>	English, Spanish
Family QOL	CdVF-ER (<18 & >18) Escala de Calidad de Vida Familiar	Freely available at website	<a href="https://plenainclusionmadrid.org/recursos/escalas-de-calidad-de-vida-familiar/">https://plenainclusionmadrid.org/recursos/escalas-de-calidad-de-vida-familiar/</a>	Spanish

	Family Quality of Life Scales			
Programme -centric QOL	MISO (Measuring Impact and Service Outcomes)	MISO is a digital platform that allows users to administer a set of licensed instruments that measure the effectiveness of programmes or services	Information about the instruments and how to purchase them can be found here: <a href="https://www.scopeaust.org.au/about-us/research/research-projects/the-scope-outcomes-project">https://www.scopeaust.org.au/about-us/research/research-projects/the-scope-outcomes-project</a> & <a href="https://www.scopeaust.org.au/news/miso-a-new-measurement-online-tool">https://www.scopeaust.org.au/news/miso-a-new-measurement-online-tool</a>	English